



**PRICELIST FRESH FARM DELI**  
**07.06.2026 - 13.06.2026**  
 Prices may change without prior notice

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Product	Quantity	Price	Description						
<b>OTHER</b>									
Eggs (Mixed Size)	30	R 85.00	<b>Free Range</b>						
Hash Brown (Gold Seal)	6 Per Pack	R 38.00							
Frozen Chips	1kg Shoe String	R 65.00	1kg choice grade	R 61.00	Shoe Sting = 7mm / Choice Grade = 10mm				
<b>DAIRY</b>									
<b>FARM BUTTER</b>									
Farm Butter Original	500g	R 70.00	<b>OUT OF STOCK</b>						
<b>YOGURT &amp; DRINKING YOGHURT</b>									
Plain Yoghurt	1kg	R 60.00	Full Cream, Pure, NO Preservatives						
<b>CREAM CHEESE</b>									
Cream Cheese	250g	R 40.00	500g	R 60.00	1kg	R 110.00			
<b>DANISH FETA</b>									
Danish Feta	400g	R 85.00	Plain, Garlic & Herb, Black Pepper						
<b>CHEESE</b>									
Cheddar	Per kg	R 134.00							
Cheddar Grated	500g	R 75.00						1kg	R 150.00
White Cheddar	Per kg	R 134.00							
White Cheddar Grated	500g	R 75.00						1kg	R 150.00
Gouda	Per kg	R 135.00							
Gouda Grated	500g	R 76.00						1kg	R 140.00
Mozzarella	Per kg	R 134.00							
Mozzarella Grated	500g	R 75.00						1kg	R 150.00
Pizza Mix	500g	R 75.00						1kg	R 145.00
Parmesan Grated	100g	R 35.00						200g	R 60.00
<b>FRESH &amp; FROZEN FRUIT FOR SMOOTHY</b>									
Frozen Blueberry	1kg	R 80.00							
Frozen Mango Pieces	1kg	R 110.00							
Frozen Mixed Berry	1kg	R 90.00							
Frozen Pineapple	1kg	R 85.00							
Frozen Strawberry	1kg	R 75.00							
<b>SMOOTHIES</b>									
Strawberry Burst	350ml	R 40.00	Strawberry, Apple Juice, Banana & Yoghurt						
Peanut Butter Delight	350ml	R 45.00	Peanut Butter, Banana, Lindt Chocolate & Yoghurt						
Tropic Glo	350ml	R 40.00	Mango, Pineapple, Passion Fruit & Orange Juice,						
Klap Gym	350ml	R 40.00	Peanut Butter, Banana, Yoghurt, Whey Protein, Cinnamon, Honey, Chia Seeds & Almonds						
Blueberry Protein Power	350ml	R 45.00	Blueberries, Peanut Butter, Dates, Banana & Vanilla Whey Protein						

<b>OSTRICH MEAT</b>				<b>PAGE 2</b>
Ostrich Wors	500g	R	94.00	
Ostrich Cheese Wors	500g	R	105.00	
Ostrich Cherry Wors	500g	R	105.00	
Ostrich Stir-Fry	500g	R	95.00	
Ostrich Lean Mince	500g	R	90.00	
Ostrich Burger Patties	4 x 125g	R	90.00	
Ostrich Steak	2 x 250g	R	90.00	
Ostrich Fillet	2 x 200g	R	100.00	
<b>RED MEAT (Grass Fed / Free from Hormones &amp; Antibiotics)</b>				
Lean Mince	Per kg	R	162.00	100 % Beef (+500g pack size) 90% Meat/10% Fat
Boerewors (Soy Free) Thick	Per kg	R	150.00	(+500g pack size)
Kalahari Boerewors (Soy Free) Thin	Per kg	R	160.00	(+500g pack size)
Rump	Per kg	R	260.00	
Meat Balls	Per kg	R	155.00	
Pure Beef Burger Patties	Per kg	R	148.00	(+1kg pack size)
<b>PORK</b>				
Bacon Bits	Per kg	R	120.00	Pack Size +-1kg
Shoulder Bacon	Per kg	R	132.00	
Sandwich Ham	Each	R	70.00	Sliced in 500g
Cheese Grillers Standard	500g	R	75.00	500g
Cocktail Cheese Griller	500g	R	80.00	500g
Pork Loin Chops	Per kg	R	143.00	Pack Size +-1kg
<b>FREE RANGE CHICKEN (A-GRADE QUALITY) Free from Hormones &amp; Antibiotics</b>				
Whole Chicken	Per kg	R	85.00	
Flattie	Per kg	R	85.00	
Braaipack	Per kg	R	85.00	
Marinated Flattie	Per kg	R	85.00	
Free Range Chicken Fillets	Per kg	R	115.00	Pack Size +-1kg
Free Range Chicken Thighs	Per kg	R	105.00	Pack Size +-600g
Free Range Chicken Wings	Per kg	R	120.00	Pack Size +-500g
Free Range Chicken Drumsticks	Per kg	R	120.00	Pack Size +-500g
<b>CHICKEN - NOT FREE RANGE</b>				
Skinless Boneless Thighs	Per kg	R	130.00	Pack Size +-500g
Chicken Star-Pack With Skin	Per kg	R	80.00	Drumstick & Thighs
<b>CHICKEN VARIETIES - NOT FREE RANGE</b>				
Chicken Stirfry	Per kg	R	100.00	Not Marinated
Chicken Espetada Combo	Per kg	R	95.00	
Marinated Chicken Flatties	Per kg	R	85.00	BBQ / Lemon & Herb
Macon: Deboned Thighs Wrapped in Beef Bacon	Per kg	R	100.00	Deboned Thighs wrapped in Beef Back (4 per pack)
<b>CHICKEN COMBOS</b>				
Chicken Hamper	1	R	410.00	1 x Chicken Flattie, 1 x Mr Magic, 1 x Sosaties, 1 x Skinless Boneless Thighs 500g, 1 x Star Pack (Choose between BBQ or Lemon & Herb only)
Chicken Hamper	2	R	500.00	2 x Skinless Boneless Thighs Packs, 2 x Star Packs, 1 x Chicken Star Pack, 1 x Free Range Chicken Fillets 1kg

<b>CRUMBED CHICKEN</b>					<b>PAGE 3</b>
Chicken Nuggets	1kg	R	125.00		
Chicken Strips	1kg	R	125.00		
Chicken Schnitzel	1kg	R	130.00		
Chicken Patties	1kg	R	125.00		
Chicken Cordon Bleu	1kg	R	140.00		
<b>CRUMBED CHICKEN COMBOS</b>					
Crumbed Chicken 4kg	Combo	R	470.00	Schintzel, Patties, Strips, Nuggets	
Crumbed Chicken Cheesy 4kg	Combo	R	420.00	Schnitzel, Patties, Strips, Bites	
<b>CHEESY CRUMBED CHICKEN</b>					
Chicken Cheesy Bites	1kg	R	115.00		
Chicken Cheesy Strips	1kg	R	115.00		
Chicken Cheesy Schnitzel	1kg	R	115.00		
Chicken Cheesy Patties	1kg	R	115.00		
<b>PIZZERIA</b>					
Mini Pizzas	70g	R	70.00	8 mini pizzas (Cheese Topping)	
Pizza Bases 32cm	5 Pack	R	120.00	5 Tomato Paste Pizza per Pack	
Pizza Special	New	R	250.00	1 x Pizza Bases Pack (5), 1 x Pizza Mix 1kg	
<b>FROZEN READY MEALS (Heat and Eat)</b>					
<b>PASTA DISHES</b>					
Beef Lasagne	400g	R	70.00	1kg	R 135.00
Chicken Lasagne	400g	R	70.00	1kg	R 135.00
Spaghetti Bolognese	400g	R	70.00		
<b>HEAT AND EAT COMBOS</b>					
Heat and Eat Combo	400g	R	330.00	Any 5 x 400g Heat and Eat Meals	
Home Alone Combo	400g	R	380.00	Beef Lasagne; Mac & Cheese; Spaghetti Bolognese; Chicken Lasagne; Cheese & Garlic Braai Pie; Mini Pizza (8)	
<b>BRAAI PIES</b>					
Cheese Garlic Braai Pie	365g	R	45.00		
<b>BAKERY</b>					
Koeksisters (Large)	Dozen	R	60.00	LARGE	
Koeksisters (Cocktail)	Dozen	R	42.00	COCKTAIL	

<b>NUTS</b>							<b>PAGE 4</b>
<b>Product</b>	<b>Size</b>	<b>Price</b>	<b>Size</b>	<b>Price</b>	<b>Size</b>	<b>Price</b>	
Almond Natural / Roasted & Salted	250g	R 65.00	500g	R 130.00	1kg	R 280.00	
Cashews Natural / R.S	250g	R 65.00	500g	R 125.00	1kg	R 265.00	
Mixed Nuts Natural / Roasted & Salted	250g	R 75.00	500g	R 140.00	1kg	R 300.00	
<b>MIXES</b>							
<b>Product</b>	<b>Size</b>	<b>Price</b>	<b>Size</b>	<b>Price</b>	<b>Size</b>	<b>Price</b>	
Granola (Natural)	1kg	R 90.00					
Granola/Nut/Fruit/Seed Mix	1kg	R 90.00					
Rolled Oats	1kg	R 50.00					
<b>DRIED FRUITS</b>							
<b>Product</b>	<b>Size</b>	<b>Price</b>	<b>Size</b>	<b>Price</b>	<b>Size</b>	<b>Price</b>	
Cranberry	250g	R 50.00	500g	R 85.00	1kg	R 180.00	
Dates	250g	R 30.00	500g	R 50.00	1kg	R 80.00	
Ginger Cubes	250g	R 48.00	500g	R 80.00	1kg	R 150.00	
Ginger Slices	250g	R 48.00	500g	R 80.00	1kg	R 150.00	
Raisins Seedless	250g	R 35.00	500g	R 50.00	1kg	R 80.00	
<b>SPECIALTIES</b>							
<b>Product</b>	<b>Size</b>	<b>Price</b>	<b>Size</b>	<b>Price</b>	<b>Size</b>	<b>Price</b>	
Pink/White Peanuts	250g	R 40.00	500g	R 58.00	1kg	R 125.00	
Yogurt Dates	250g	R 55.00	500g	R 100.00	1kg	R 180.00	
<b>SEEDS</b>							
<b>Product</b>	<b>Size</b>	<b>Price</b>	<b>Size</b>	<b>Price</b>	<b>Size</b>	<b>Price</b>	
Chia Seed	250g	R 45.00	500g	R 80.00	1kg	R 130.00	
Pumpkin Seed	250g	R 50.00	500g	R 90.00	1kg	R 155.00	
<b>SWEETIES</b>							
<b>Product</b>	<b>Size</b>	<b>Price</b>	<b>Size</b>	<b>Price</b>	<b>Size</b>	<b>Price</b>	
Jelly Beans	250g	R 48.00	500g	R 85.00	1kg	R 160.00	
Jelly Tots	250g	R 40.00	500g	R 70.00	1kg	R 125.00	
JuJubes	250g	R 40.00	500g	R 70.00	1kg	R 125.00	